

## AVMO Clubrecords INDOOR (tot eind 2018)

### MASTERS

heren				dames			
60m:	M35 8.52	Brecht Braeckevelt	2/01/2016 Gent	60m:	W35 8.90	Sarah Vermeersch	26/12/2015 Gent
	M40				W40		
	M45 8.16	Didier Laureys	4/01/2014 Gent		W45		
	M50 8.02	Didier Laureys	12/03/2016 Gent		W50		
	M55 9.18	Edwin Kint	8/03/2014 Gent		W55		
	M60 9.73	Edwin Kint	10/03/2018 Gent		W60		
60mH (1,00):	M45 13.62	Patrick De Craene	12/01/2008 Gent	60mH (0,84):	W35 12.39	Sarah Vermeersch	6/02/2016 Gent
200m:	M35 25.00	Jeroen Tanghe	12/03/2011 Gent	200m:	W35 29.02	Nathalie D'Hondt	10/03/2012 Gent
	M40 25.58	Jeroen Tanghe	10/03/2018 Gent		W40 30.12	Charlotte Haspeslagh	11/03/2007 Gent
	M45 27.17	Didier Laureys	4/01/2014 Gent		W45 30.70	Charlotte Haspeslagh	8/03/2008 Gent
	M50 25.83	Didier Laureys	16/01/2016 Gent		W50		
	M55				W55 32.87	Charlotte Haspeslagh	10/03/2018 Gent
300m:	M35 42.01	Brecht Braeckevelt	2/01/2016 Gent	300m:	W35 45.23	Nathalie D'Hondt	23/02/2013 Gent
	M40				W40		
	M45 43.75	Didier Laureys	22/02/2014 Gent		W45		
	M50 42.02	Didier Laureys	2/01/2015 Gent		W50		
400m:	M35 53.81	Jeroen Tanghe	12/03/2011 Gent	400m:	W35 63.10	Nathalie D'Hondt	10/03/2012 Gent
	M40 55.32	Jeroen Tanghe	12/03/2016 Gent		W40 61.51	Nathalie D'Hondt	8/03/2014 Gent
	M45				W45 67.78	Charlotte Haspeslagh	8/03/2008 Gent
	M50 60.00	Dominique Van Poucke	18/12/2016 Gent		W50 70.71	Charlotte Haspeslagh	12/03/2016 Gent
	M55 75.70	Edwin Kint	8/03/2014 Gent		W55 72.26	Charlotte Haspeslagh	10/03/2018 Gent
	M60 77.39	Edwin Kint	10/03/2018 Gent		W60		
800m:	M35 1.59.73	Günther Vanhoutte	10/03/2012 Gent	800m:	W35 2.19.20	Els Van Coillie	20/02/2005 Gent
	M40 2.01.82	Günther Vanhoutte	14/03/2015 Gent		W40 2.32.49	Charlotte Haspeslagh	11/03/2007 Gent
	M45				W45 2.39.33	Els Van Coillie	11/03/2017 Gent
	M50 2.17.41	Dominique Van Poucke	11/03/2017 Gent		W50		
	M55				W55 2.55.75	Marianne Verbauwhede	9/03/2013 Gent
	M60 2.38.85	GilbertDevoldere	10/03/2018 Gent		W60		
1000m:	M35 2.42.37	Bart Verkaemer	23/02/2013 Gent	1000m:	W35		
	M40 2.39.86	Günther Vanhoutte	14/02/2015 Gent		W40		
	M45				W45		
	M50 3.04.09	Dirk Lannoo	22/02/2014 Gent		W50		

1500m:	M35	4.08.16	Bart Verkaemer	10/03/2012	Gent
	M40				
	M45	4.45.58	Dirk Lannoo	10/03/2012	Gent
	M50	4.44.10	Dirk Lannoo	8/03/2014	Gent
	M60	5'39.05	GilbertDevoldere	10/03/2018	Gent
mijl:	M35	4.54.13	Bart Verkaemer	26/12/2013	Gent
3000m:	M50				
3000m SW:	M50	17.36.99	Donald Van Meenen	17/03/2011	Gent
ver:	M35				
	M55	3m35	Patrick De Craene	10/03/2018	Gent
hoog:	M45	1m35	Patrick De Craene	12/01/2008	Gent
	M50	1m25	Patrick De Craene	8/03/2014	Gent
hss:	M50	8m62	Patrick De Craene	4/01/2014	Gent
	M55	7m73	Patrick De Craene	10/03/2018	Gent
polstok:	M50	2m00	Patrick De Craene	11/03/2017	Gent
kogel-7,25kg:	M35				
	M40				
	M45	8m00	Patrick De Craene	6/01/2013	Gent
5-kamp:	M35				

1500m:	W35				
	W40	5.08.98	Marianne Verbauwhede		Gent
	W45	5.06.09	Els Van Coillie	8/03/2014	Gent
	W50	5.19.00	Marianne Verbauwhede	8/03/2008	Gent
	W60				
mijl:	W55	6.04.64	Marianne Verbauwhede	9/03/2013	Gent
3000m:	W50	11.52.39	Marianne Verbauwhede	16/03/2011	Gent
3000m SW:	W50				
ver:	W35	3m88	Sarah Vermeersch	6/02/2016	Gent
	W55				
hoog:	W35	1m15	Sarah Vermeersch	6/02/2016	Gent
	W50				
hss:	W50				
	W55				
polstok:	W50				
kogel-4kg:	W35	7m31	Annick Coene	17/03/2011	Gent
	W40	7m55	Annick Coene	14/03/2015	Gent
	W45	7m07	Annick Coene	11/03/2017	Gent
5-kamp:	W35	1292p (CF)	Sarah Vermeersch	6/02/2016	Gent