

AVMO CLUBRECORDS JUNIOREN HEREN OUTDOOR

| NUMMER | PREST. | NAAM | PLAATS | DATUM | PR | BR |
|--------------|----------|--|------------------|--------------------------|---------|----------|
| 100 | 10.81 | TANT Stein | Ninove | 29/06/1993 | 10.49 | 10.39 |
| 200 | 21.85 | TANT Stein | Brussel | 25/07/1993 | 21.11 | 20.80 |
| 300 | 35.50 | DEKIE Gunther | Brugge | 1996 | 33.79 | 33.13 |
| 400 | 48.22 | DEKIE Gunther | Jambes | 01/05/1996 | 46.79 | 45.03 |
| 800 | 1.50.84 | VERHAEGHE Ludo | Brugge | 03/07/1994 | 1.48.15 | 1.46.84 |
| 1.000 | 2.26.99 | VANDEWALLE Hendrik | Brussel | 30/08/1985 | 2.22.0 | 2.20.4 |
| 1.500 | 3.49.7 | VANDEWALLE Hendrik | | 07/08/1985 | 3.46.2 | 3.39.63 |
| MIJL | 4.22.4 | DEBRABANDERE Wouter | Dilbeek | 27/09/1998 | 4.06.0 | 3.58.69 |
| 2.000 | 5.35.5 | DEBRABANDERE Wouter | Dilbeek | 20/09/1997 | 5.25.67 | 5.05.59 |
| 3.000 | 8.16.3 | VANDEWALLE Hendrik | Aalst | 11/08/0985 | 8.06.2 | 7.53.4 |
| 5.000 | 14.33.39 | VANDEWALLE Hendrik | Rijsel | 11/09/1985 | 14.08.0 | 13.38.74 |
| 10.000 | 30.45.88 | VANDEWALLE Hendrik | | 1984 | 29.37.4 | 29.03.3 |
| 110H | 14.41 | LISABETH Johan | Luik | 09/09/1990 | 13.82 | 13.38 |
| 400H | 56.46 | TANT Stein VANLUCHENE Tom | Oostende Lier | 29/08/1993 22/05/2010 | 50.15 | 50.01 |
| 2.000 ST. | 5.56.42 | VANDEWALLE Hendrik | Rijsel | 25/09/1985 | 5.32.8 | 5.32.8 |
| 3.000 ST. | 9.49.06 | PETRALIA Jan | Vilvoorde | 11/09/2011 | 8.42.5 | 8.33.80 |
| HOOG | 2.07 | MAES Mario | Woluwe | 28/07/1990 | 2.21 | 2.24 |
| POLSSTOK | 4.03 | BERGEZ Mathias | Dilbeel | 06/08/2006 | 4.90 | 5.60 |
| VER | 6.74 | CANNAERT Franck | Aalter | 12/08/2007 | 7.48 | 7.86 |
| HINKSTAP | 14.57 | CANNAERT Franck | Gent | 15/07/2007 | 14.57 | 16.01 |
| KOGEL 6kg | 15.44 | VAN DAELE Jo | Oostende | 26/05/1991 | 16.91 | 18.19 |
| KOGEL 7kg | | | | | 15.00 | 16.23 |
| DISCUS 1.75k | 57.44 | VANDAELE Jo | Deurne | 24/09/1991 | 57.44 | 59.58 |
| DISCUS 2kg | 54.06 | VANDAELE Jo | Duffel | 15/09/1990 | 54.06 | 54.77 |
| HAMER 6 kg | 48.94 | VAN HOE Koen | Izegem | 26/09/1992 | 67.12 | 71.15 |
| HAMER 7kg | | | | | | 62.62 |
| SPEER 800g | 58.32 | MAES Michiel | Sint-Niklaas | 20/10/2018 | 74.21 | 79.82 |
| 10-KAMP | 5.730 | BERGEZ Mathias | Beveren | 26/08/2007 | 7.283 | 7.769 |
| 4x100 | 43.95 | COLPAERT Sander DEPREZ Jochen VAN DAELE Wouter VANLUCHENE Tom | Moeskroen | 04/09/2011 | 41.36 | 41.36 |
| 4x400 | 3.33.55 | COLPAERT Sander DEPREZ Jochen VAN DAELE Wouter VANLUCHENE Tom | Moeskroen | 04/09/2011 | 3.17.75 | 3.05.74 |
| 4x1500 | 16.27.36 | BRAECKEVELT Roel DE BRABANDERE Wouter BRAECKEVELT Brecht DEJONCKHEERE Stijn | | 1994 | 16.23.9 | 15.36.5 |