

AVMO CLUBRECORDS JUNIOREN HEREN OUTDOOR

NUMMER	PREST.	NAAM	PLAATS	DATUM	PR	BR
100	10.81	TANT Stein	Ninove	29/06/1993	10.49	10.39
200	21.85	TANT Stein	Brussel	25/07/1993	21.11	20.80
300	35.50	DEKIE Gunther	Brugge	1996	33.79	33.13
400	48.22	DEKIE Gunther	Jambes	01/05/1996	46.79	45.03
800	1.50.84	VERHAEGHE Ludo	Brugge	03/07/1994	1.48.15	1.46.84
1.000	2.26.99	VANDEWALLE Hendrik	Brussel	30/08/1985	2.22.0	2.20.4
1.500	3.49.7	VANDEWALLE Hendrik		07/08/1985	3.46.2	3.39.63
MIJL	4.22.4	DEBRABANDERE Wouter	Dilbeek	27/09/1998	4.06.0	3.58.69
2.000	5.35.5	DEBRABANDERE Wouter	Dilbeek	20/09/1997	5.25.67	5.05.59
3.000	8.16.3	VANDEWALLE Hendrik	Aalst	11/08/0985	8.06.2	7.53.4
5.000	14.33.39	VANDEWALLE Hendrik	Rijsel	11/09/1985	14.08.0	13.38.74
10.000	30.45.88	VANDEWALLE Hendrik		1984	29.37.4	29.03.3
110H	14.41	LISABETH Johan	Luik	09/09/1990	13.82	13.38
400H	56.46	TANT Stein VANLUCHENE Tom	Oostende Lier	29/08/1993 22/05/2010	50.15	50.01
2.000 ST.	5.56.42	VANDEWALLE Hendrik	Rijsel	25/09/1985	5.32.8	5.32.8
3.000 ST.	9.49.06	PETRALIA Jan	Vilvoorde	11/09/2011	8.42.5	8.41.5
HOOG	2.07	MAES Mario	Woluwe	28/07/1990	2.21	2.21
POLSSTOK	4.03	BERGEZ Mathias	Dilbeel	06/08/2006	4.90	5.60
VER	6.74	CANNAERT Franck	Aalter	12/08/2007	7.48	7.86
HINKSTAP	14.57	CANNAERT Franck	Gent	15/07/2007	14.57	16.01
KOGEL 6kg	15.44	VAN DAELE Jo	Oostende	26/05/1991	16.91	18.19
KOGEL 7kg					15.00	16.23
DISCUS 1.75k	57.44	VANDAELE Jo	Deurne	24/09/1991	57.44	59.58
DISCUS 2kg	54.06	VANDAELE Jo	Duffel	15/09/1990	54.06	54.77
HAMER 6 kg	48.94	VAN HOE Koen	Izegem	26/09/1992	67.12	71.15
HAMER 7kg						62.62
SPEER 800g	58.32	MAES Michiel	Sint-Niklaas	20/10/2018	74.21	75.50
10-KAMP	5.730	BERGEZ Mathias	Beveren	26/08/2007	7.283	7.769
4x100	43.95	COLPAERT Sander DEPREZ Jochen VAN DAELE Wouter VANLUCHENE Tom	Moeskroen	04/09/2011	41.36	41.36
4x400	3.33.55	COLPAERT Sander DEPREZ Jochen VAN DAELE Wouter VANLUCHENE Tom	Moeskroen	04/09/2011	3.17.75	3.05.74
4x1500	16.27.36	BRAECKEVELT Roel DE BRABANDERE Wouter BRAECKEVELT Brecht DEJONCKHEERE Stijn		1994	16.23.9	15.36.5