



# Rubenscup

AVMO-AVR-AZW-FLAC-HAC-KKS

Inschrijving = gratis

Inkom = gratis

## Programma

W18436

| Benjamins   |             | Pupillen    |              | Miniemen     |              |
|-------------|-------------|-------------|--------------|--------------|--------------|
| Jongens     | Meisjes     | Jongens     | Meisjes      | Jongens      | Meisjes      |
| 13:40 4x60m | 13:30 4x60m |             |              |              |              |
| 14:00 kogel | 14:00 ver   | 14:15 60mH  | 14:30 60mH   | 14:00 hoog   | 14:00 discus |
| 15:00 ver   | 15:30 60m   | 14:45 kogel | 15:30 kogel  | 15:10 80mH   | 14:45 60mH   |
| 15:40 60m   | 16:15 kogel | 16:00 ver   | 16:30 discus | 15:30 discus | 15:20 hoog   |
| 16:30 600m  | 16:45 600m  | 17:00 1000m | 17:15 1000m  | 16:00 300m   | 16:15 300m   |

## Uurrooster

|       | LOOPNR     | HOOG  | VER   | KOGEL | DISCUS |  |
|-------|------------|-------|-------|-------|--------|--|
| 13:30 | 4x60 Ben D |       |       |       |        |  |
| 13:40 | 4x60 Ben H |       |       |       |        |  |
| 14:00 |            | Min H | Ben D | Ben H | Min D  |  |
| 14:15 | 60h Pup H  |       |       |       |        |  |
| 14:30 | 60h Pup D  |       |       |       |        |  |
| 14:45 | 60h Min D  |       |       | Pup H |        |  |
| 15:00 |            |       | Ben H |       |        |  |
| 15:10 | 80h Min H  |       |       |       |        |  |
| 15:20 |            | Min D |       |       |        |  |
| 15:30 | 60 Ben D   |       |       | Pup D | Min H  |  |
| 15:40 | 60 Ben H   |       |       |       |        |  |
| 16:00 | 300 Min H  |       | Pup H |       |        |  |
| 16:15 | 300 Min D  |       |       | Ben D |        |  |
| 16:30 | 600 Ben H  |       |       |       | Pup D  |  |
| 16:45 | 600 Ben D  |       |       |       |        |  |
| 17:00 | 1000 Pup H |       |       |       |        |  |
| 17:15 | 1000 Pup D |       |       |       |        |  |