

| MASTERS heren | | | | | | dames | | | | | |
|---------------|-----|---------|-----------------------|------------|------------------|--------------|-----|---------|----------------------|------------|------------------|
| 60m: | M35 | 8.52 | Brecht Braeckevelt | 2/01/2016 | Gent | 60m: | W35 | 8.90 | Sarah Vermeersch | 26/12/2015 | Gent |
| | M40 | 7.90 | Andy Willaert | 8/03/2020 | Gent | | W40 | | | | |
| | M45 | 8.16 | Didier Laureys | 4/01/2014 | Gent | | W45 | | | | |
| | M50 | 8.02 | Didier Laureys | 12/03/2016 | Gent | | W50 | | | | |
| | M55 | 8.71 | Patrick Deleersnijder | 8/03/2020 | Gent | | W55 | | | | |
| | M60 | 9.67 | Edwin Kint | 10/03/2019 | Gent | | W60 | | | | |
| 60mH (1,00): | M45 | 13.62 | Patrick De Craene | 12/01/2008 | Gent | 60mH (0,84): | W35 | 12.39 | Sarah Vermeersch | 6/02/2016 | Gent |
| 200m: | M35 | 25.00 | Jeroen Tanghe | 12/03/2011 | Gent | 200m: | W35 | 29.02 | Nathalie D'Hondt | 10/03/2012 | Gent |
| | M40 | 25.58 | Jeroen Tanghe | 10/03/2018 | Gent | | W40 | 30.12 | Charlotte Haspeslagh | 11/03/2007 | Gent |
| | M45 | 27.17 | Didier Laureys | 4/01/2014 | Gent | | W45 | 30.70 | Charlotte Haspeslagh | 8/03/2008 | Gent |
| | M50 | 25.83 | Didier Laureys | 16/01/2016 | Gent | | W50 | | | | |
| | M55 | | | | | | W55 | 32.77 | Charlotte Haspeslagh | 10/03/2019 | Gent |
| | M60 | 31.81 | GilbertDevoldere | 8/03/2020 | Gent | | W60 | 38.18 | Christa Geerolf | 6/02/2022 | Louvain-la-Neuve |
| | M65 | 33.22 | Gilbert Devoldere | 6/02/2022 | Louvain-la-Neuve | | W65 | | | | |
| 300m: | M35 | 42.01 | Brecht Braeckevelt | 2/01/2016 | Gent | 300m: | W35 | 45.23 | Nathalie D'Hondt | 23/02/2013 | Gent |
| | M40 | | | | | | W40 | | | | |
| | M45 | 43.75 | Didier Laureys | 22/02/2014 | Gent | | W45 | 45.65 | Nathalie D'Hondt | 23/02/2019 | Gent |
| | M50 | 42.02 | Didier Laureys | 2/01/2015 | Gent | | W50 | | | | |
| | M55 | | | | | | W55 | 51.51 | Charlotte Haspeslagh | 23/02/2019 | Gent |
| 400m: | M35 | 53.81 | Jeroen Tanghe | 12/03/2011 | Gent | 400m: | W35 | 63.10 | Nathalie D'Hondt | 10/03/2012 | Gent |
| | M40 | 55.32 | Jeroen Tanghe | 12/03/2016 | Gent | | W40 | 61.51 | Nathalie D'Hondt | 8/03/2014 | Gent |
| | M45 | 57.02 | Jeroen Tanghe | 6/02/2022 | Louvain-la-Neuve | | W45 | 63.40 | Nathalie D'Hondt | 26/12/2019 | Gent |
| | M50 | 60.00 | Dominique Van Poucke | 18/12/2016 | Gent | | W50 | 70.71 | Charlotte Haspeslagh | 12/03/2016 | Gent |
| | M55 | 63.50 | Patrick Deleersnijder | 6/02/2022 | Louvain-la-Neuve | | W55 | 71.14 | Charlotte Haspeslagh | 10/03/2019 | Gent |
| | M60 | 77.39 | Edwin Kint | 10/03/2018 | Gent | | W60 | 1'30.66 | Christa Geerolf | 6/02/2022 | Louvain-la-Neuve |
| | M65 | 72.97 | Gilbert Devoldere | 6/02/2022 | Louvain-la-Neuve | | W65 | | | | |
| 800m: | M35 | 1'59.73 | Gunther Vanhoutte | 10/03/2012 | Gent | 800m: | W35 | 2'19.20 | Els Van Coillie | 20/02/2005 | Gent |
| | M40 | 2'01.82 | Gunther Vanhoutte | 14/03/2015 | Gent | | W40 | 2'32.49 | Charlotte Haspeslagh | 11/03/2007 | Gent |
| | M45 | 2'02.08 | Gunther Vanhoutte | 10/03/2019 | Gent | | W45 | 2'39.33 | Els Van Coillie | 11/03/2017 | Gent |
| | M50 | 2'17.41 | Dominique Van Poucke | 11/03/2017 | Gent | | W50 | 2'43.10 | Els Van Coillie | 8/03/2020 | Gent |
| | M55 | 2'26.64 | Dirk Lannoo | 8/03/2020 | Gent | | W55 | 2'55.75 | Marianne Verbauwhe | 9/03/2013 | Gent |
| | M60 | 2'38.85 | Gilbert Devoldere | 10/03/2018 | Gent | | W60 | | | | |
| 1000m: | M35 | 2'42.37 | Bart Verkaemer | 23/02/2013 | Gent | 1000m: | W35 | | | | |
| | M40 | 2'39.86 | Günther Vanhoutte | 14/02/2015 | Gent | | W40 | | | | |
| | M45 | | | | | | W45 | | | | |
| | M50 | 3'04.09 | Dirk Lannoo | 22/02/2014 | Gent | | W50 | | | | |
| 1500m: | M35 | 4'08.16 | Bart Verkaemer | 10/03/2012 | Gent | 1500m: | W35 | 5'01.94 | Katrijn Van Hulle | 10/03/2019 | Gent |
| | M40 | | | | | | W40 | 5'07.12 | Katrijn Van Hulle | 6/02/2022 | Louvain-la-Neuve |
| | M45 | 4'35.87 | Bart Huys | 6/02/2022 | Louvain-la-Neuve | | W45 | 5'06.09 | Els Van Coillie | 8/03/2014 | Gent |
| | M50 | 4'44.10 | Dirk Lannoo | 8/03/2014 | Gent | | W50 | 5'19.00 | Marianne Verbauwhe | 8/03/2008 | Gent |

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|---------------|-----|----------|-------------------|------------|------|--|--|------------|-----|------------|----------------------|------------|------|--|
| | M55 | 4'58.53 | Dirk Lannoo | 10/03/2019 | Gent | | | | W55 | | | | | |
| | M60 | 5'39.05 | GilbertDevoldere | 10/03/2018 | Gent | | | | W60 | | | | | |
| mijl: | M35 | 4'54.13 | Bart Verkaemer | 26/12/2013 | Gent | | | mijl: | W55 | 6'04.64 | Marianne Verbauwhede | 9/03/2013 | Gent | |
| 3000m: | M50 | | | | | | | 3000m: | W50 | 11'52.39 | Marianne Verbauwhede | 16/03/2011 | Gent | |
| 3000m SW: | M50 | 17'36.99 | Donald Van Meenen | 17/03/2011 | Gent | | | 3000m SW: | W50 | | | | | |
| ver: | M35 | | | | | | | ver: | W35 | 3m88 | Sarah Vermeersch | 6/02/2016 | Gent | |
| | M55 | 3m35 | Patrick De Craene | 10/03/2018 | Gent | | | | W55 | | | | | |
| hoog: | M45 | 1m35 | Patrick De Craene | 12/01/2008 | Gent | | | hoog: | W35 | 1m15 | Sarah Vermeersch | 6/02/2016 | Gent | |
| | M50 | 1m25 | Patrick De Craene | 8/03/2014 | Gent | | | | W50 | | | | | |
| hss: | M50 | 8m62 | Patrick De Craene | 4/01/2014 | Gent | | | hss: | W50 | | | | | |
| | M55 | 7m77 | Patrick De Craene | 10/03/2019 | Gent | | | | W55 | | | | | |
| polstok: | M50 | 2m00 | Patrick De Craene | 11/03/2017 | Gent | | | polstok: | W50 | | | | | |
| | M55 | 1m70 | Patrick De Craene | 10/03/2019 | Gent | | | | W55 | | | | | |
| kogel-7,25kg: | M35 | | | | | | | kogel-4kg: | W35 | 7m31 | Annick Coene | 17/03/2011 | Gent | |
| | M40 | | | | | | | | W40 | 7m55 | Annick Coene | 14/03/2015 | Gent | |
| | M45 | 8m00 | Patrick De Craene | 6/01/2013 | Gent | | | | W45 | 7m07 | Annick Coene | 11/03/2017 | Gent | |
| 5-kamp: | M35 | | | | | | | 5-kamp: | W35 | 1292p (CF) | Sarah Vermeersch | 6/02/2016 | Gent | |